

DEPOSIT / COST / REGISTRATION

For the low cost of **\$140**, you can learn wrestling moves and strategies from some of best wrestlers & coaches in the country. This price includes a \$40 deposit that must be received with your enrollment form. Registration will take place on the morning of Monday June 18 between 8:00 and 8:30 a.m. The balance of \$ 100 dollars may be paid at this time. Inquire about group and sibling rates. Before June 1st. **Walk-Ins are also welcome!**

WHAT TO BRING

Each wrestler should bring shoes for both wrestling and recreational activities, as well as any other wrestling equipment needed (i.e., knee pads, head gear, etc.)

ELIGIBILITY

Camp is open to all wrestlers ages 8-18 regardless of skill level. Campers will be grouped according to age and experience.

DAILY SCHEDULE

9:00 - 11:00 a.m.	Technique Session #1
11:00 - 11:30 a.m.	Lunch
11:30 - 12:00 a.m.	Skill Developing Recreation
12:00 - 1:45 p.m.	Technique Session #2
1:45 - 2:00 p.m.	Motivational Speaking/ Videos/Open Room
2:00 p.m.	Pick Up

TRANSPORTATION

The R.J. Paterniti POWER HOUSE WRESTLING CAMP will run from June 18 - June 22 at Cathedral Prep Gymnasium. Transportation will be the campers responsibility.

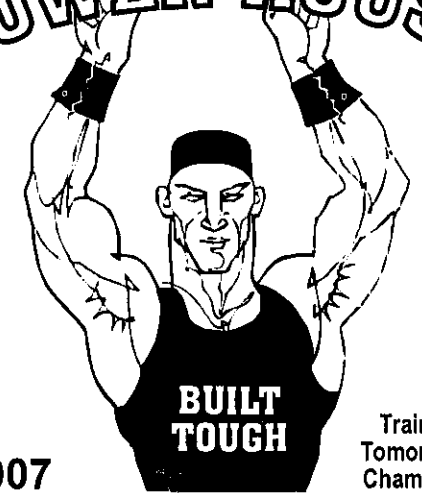
BUILT TOUGH

R.J. Paterniti's
POWER HOUSE WRESTLING CAMP
2620 Midland Drive
Erie, PA 16506

R.J. Paterniti

presents

POWER HOUSE



2007

Training
Tomorrow's
Champions

WRESTLING CAMP

June 18 - June 22
225 West 9th Street
Erie, PA 16509

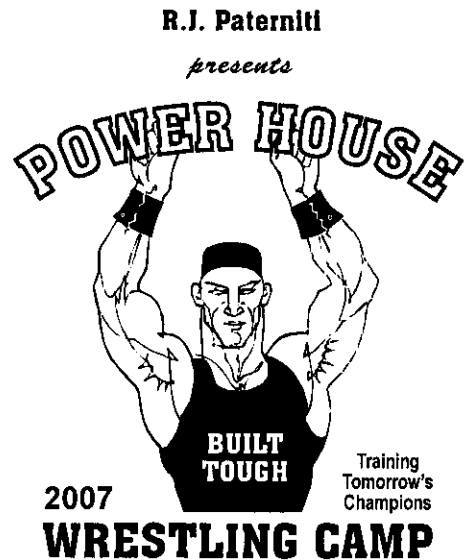
★ Featuring ★

JEFF CATRABONE

MARK BODO

DON HENRY

Along With Other Staff



Wrestling Philosophy

As a participant in the camp, we expect that all wrestlers have an understanding of our mission. It is our ultimate goal to instill in all wrestlers the importance of hard work and dedication to the sport. In wrestling, it is solely you and your opponent on the mat. No bats, balls, or teammates to rely on. Therefore, it is your responsibility as a wrestler to decide the amount of dedication that you wish to dedicate to your sport. A good wrestler trains hard during the season. A great wrestler trains hard all year round. It is our mission to produce mentally and physically disciplined athletes. By training with the best, you will become the best. Pursuant to this philosophy, we will expect our athletes to represent our program in an acceptable fashion at all times.

STAFF



R.J. PATERNITI

149 lb. Gannon University Wrestling
3 X Division II All American
4 X Eastern Regional Champion
Gannon University, 1st Freshman All American
Overall Winning Percentage Record .950
Outstanding Wrestler Award at Ohio Northern Invitational and
Duquesne University
2 X PIAA State Place Winner

JEFF CATRABONE

3 X All-American, University of Michigan
3 X Big Ten Finalist
University of Michigan All-Time Pin Leader
2 X PIAA State Champion
3rd All-Time Win Leader at University of Michigan
Assistant Coach, University of Buffalo
Amateur Wrestling Top 20 in the Nation 2004

MARK BODO

3 X All-American at University of Pittsburgh
PIAA State Champ

DON HENRY

2 X NCAA Qualifier
Coach of Gannon University
Coach of 1 National Champion and Numerous All-Americans
2003 NWCA Robert Budd Coaching Excellence Award Recipient

CAMP INFORMATION

Dates: June 18- June 22, 2007

Time: 9 AM - 2 PM

Location: Cathedral Prep

Cost: \$140 Per Child

This camp will benefit wrestlers in grade school through senior high.

PROUD SPONSORS

Presta Contractor Supply
David James Laird Assoc.

Paterniti Builders
84 Lumber

Name: _____ Phone: _____
Address: _____ Age & Weight: _____
City: _____ State: _____ Zip: _____
T-Shirt Size: _____ Years Wrestling: _____

A deposit of \$40 is required with your application to ensure your enrollment.

QUESTIONS? CALL R.J. PATERNITI AT (814) 873-5706

Make Checks Payable To: R.J. Paterniti

Mail To: 2620 Midland Drive, Erie, PA 16506

C/O R.J. Paterniti

**PLEASE MAIL
BY JUNE 1ST**

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BY JUNE 1ST**

Authorization: I give consent for my child to participate in all camp activities and I am aware that, should any accident occur, I relieve the directors of this camp of any liability.

Signature of Parent or Guardian: _____